

3 STEPS TO MAKE 2020 A BEST YEAR EVER

BEST YEAR EVER

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My Vision is: Through peace and Love, Entrepreneurs double their businesses and bring positive energy to the World.

My mission is to help Entrepreneurs to clear their stress, pressure, avoid anxiety, burnout, overwhelm and depression so that money can flow easy into their lives.

What is important so we can program 2020 to be the best year for us, compared to past years!

- 1. To form our goals clearly, specifically and in details with exact date of execution!***
- 2. To have crystal clarity about what we want and why we want exactly that!***
- 3. To plan our actions!***

Take a Pan and Print this Book and Let's start Whooo !!!

„It always looks impossible until it is done.”- Nelson Mandela

Look back to the last 12 months and write down 4-5 achievements now.



Feel proud and satisfied from what you have achieved for 1-2 minutes.

I hope you feel much more focused now.

Go 1 year back and remember how you celebrated New Year's Eve 2019.

Have you promised yourself to do something and then did not do it?

What have stopped you from doing it?

Now write it down – what did you want to achieve, and what have stopped you from doing it? Please write down!

With mental readiness, clear vision and specific date of execution, you can achieve high results, even if you are starting from zero, and with the right actions you can achieve 10 times or even a 1000 times higher results.

Be crystal clear and decide specifically what you want in every key area of your life!

First Step is to form our goals clearly, specifically and in details with exact date of execution!

Did you fly on a balloon?

Do you want to fly on a balloon?

Stand up and move your body, jump and clap your hands, while counting from 1 to 10.

Now shout out loud:



„I am crystal clear and I decide specifically what I want in every key area of my life”

Louder, Lounder, Lounder!

Now Read and Imagine: You get into the balloon, which slowly starts to go up heading the sky. It goes up until it is so high the buildings look like little dots. Take your binoculars and look down. Do you see the problems that are bothering your consciousness now? What do you see in front of you? Do you see an infinite space of opportunities, where the only limit is the sky!

Imagine you have no limits about what you want to be, what you want to have and what you want to do. Imagine you have all the time and money you need, you have all the resources you need, all the friends and connections are around you, all the knowledge and experience you need, in order to achieve every goal your heart truly desires.

Imagine you have a magic wand in your hands, which will make your life perfect in every area.

Dream big, let your imagination free, as if all of that has just happened now. See the emotions you are having, smell the fragrances, see the lights, the kindness and hugs around you, feel the taste of abundance.

1. INCOME from your own business – How much money do you earn?
2. FAMILY, CONNECTIONS, FRIENDSHIPS, COMMUNICATION, ENVIRONMENT – What life style do you have for yourself and your family?
3. HEALTH, PHYSIOLOGY, PSYCHOLOGY – How do you look healthy in every way?



4. 4. SAVINGS and MATERIAL GAINS – How much do you save per month and what material gains do you have? A car, an apartment, a house, a yacht, an airplane, etc.
5. EDUCATION, SKILLS, EXPERIENCE – What new skills are you learning?
6. CELEBRATION, RELAXATION, VACATIONS, TRAVELLING – How do you celebrate every achieved step of the way?
7. TIME – How much time do you spend for yourself every day?

How much time do you spend with your family? How much time do you spend for your business? How much time do you spend for building your growth environment, partners, friends and fun? Balanced way of life is when you have 4 hours a day for yourself, 4 hours a day for your family and kids, 4 hours for Business, 4 hours for growth environment, fun and friends, and 8 hours of sleep.

Now open your eyes and quickly write down THREE GOALS – for less than 30 seconds, write down your three most important goals right now. Write fast.

What do you want?

What would you like your life to look like in 12 months?

You need to write down your goals with a pen on a Book in present tense. They should be clear, specific, detailed and measurable.

Imagine you are giving an order for your goals to be manufactured by a factory, which is located far from here. Make the description clear, precise



and detailed of every aspect, so that the people in the factory would know exactly what characteristics your product should have and what would satisfy your needs.

Only 3% of the adults on the planet have written down their goals, this is why everyone else is working for them.

Define a deadline.

Your subconscious mind is using deadlines to move you, consciously or not, to achieving your goals according to your schedule. If your goal is big enough, you need to define additional deadlines, and then divide it to monthly goals, so that you know exactly how much you need to save and invest each month, to achieve the desired result at the end of the year. If for some reason you do not achieve your goal by the deadline, just define a new deadline. You have to know you have not created irrational goals, only irrational deadlines.

You will achieve results if you make the exercises right now. Take a Book and write down now:

Second Step is to have crystal clarity about what we want and why we want exactly that!

What would achieving that goal give you? Why do you want exactly that?

Write down for 1-2 minutes:

How will you prize yourself on the way to achieving your main goals?



Give yourself prizes while going forward. This way you will boost your strength to go even further. You will give yourself a prize for: -----

The Third Step is to plan our actions!

Planning in a new way: Ask yourself a question right now and answer yourself: „What needs to happen now, so that I can achieve the result I want in 12 months (left hemisphere – logic of the brain)?”

Read and imagine now is the end of December 2020. (At the is moment intuition is activated.)

Now you are celebrating achieving your 12-month goal.

Journalists have gathered and are asking you questions:

What did you do and how did you do it?

What have you achieved during the past year?

What do you think is the reason for this success?

Here in this moment your intuition is guiding you:

Structure your life, what helped you achieve your success?

Three key questions?

What were your 3 most important actions that you took, in order to achieve this result?

What was the biggest challenge, the biggest obstacle you met on your way and how did you overcome it?



When you look 12 months back, what were the first three actions you took to create momentum?

Now take a Book and a pen and write down everything you just saw:

Get back to today, now and create a plan of your three biggest and most important steps that are ahead of you!!!

What is your current state?

What emotions are you having right now?

Shout out loud and express your emotions with a scream or a verb:
Wohoooo, I didi it!!! Etc.

What have you done for this to happen and to achieve these results?

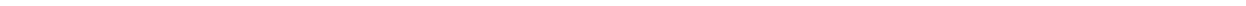
Take a Book and write down now:

See yourself 12 months later at the end of December 2020. Since you have achieved the result: What did you do and how did you do it?

What have you achieved during the last year?

What do you think is the reason for this success?

Here at this moment our intuition guides us:



Structure your life, what helped you achieve your success?

Three key questions?

What were your 3 most important actions that you took, in order to achieve this result?

What was the biggest challenge, the biggest obstacle you met on your way and how did you overcome it? What helped you overcome it?

When you look 12 months back, what were the first three actions you took to create momentum?

The plan is now ready!!!

Did you sense the difference in the way of asking questions: What do I have to do? and What did I have to do?

Confidence is boosting, we will apply that to life, too!!!

How do we know if these are the right actions?

There is simply a reason to believe these are the right actions, with a positive attitude and a strong state, and this is very valuable to know!!!

Try-Implement-Try-Mistake-Try etc.

Every mistake is the best teacher!



Warren Buffett says:

I have seen many companies fail because they did not take action.

Lack of action brings bad results!

Take a decision right now and start with a small step to take action today!

Take action today and achieve your goals!!! Grow Exponentially Together!!!

Let's talk about your feelings, challenges and pains in your Business, I can possibly help. I will Support you! I will Love you <3

There's no need to continue doing it alone.

Click on the link below and write me in messenger what is your challenge today!!!

<https://m.me/yoursuccessfulstart>

Love you, Evelina

Author: Evelina Kirilova



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